



## EQUINE DIET HISTORY FORM

### TO BE COMPLETED BY CLIENT

Please Return to Dr. Meri Stratton-Phelps at:  
3407 Millbrook Court  
Fairfield, CA 94534

This form can be faxed to:  
916-244-2665

Date: \_\_\_\_\_

Client Name: \_\_\_\_\_

Client Phone Number: \_\_\_\_\_

Best time to call: \_\_\_\_\_

Client E-mail: \_\_\_\_\_

Client Address: \_\_\_\_\_

Horse Name: \_\_\_\_\_

Body Weight (lb) \_\_\_\_\_ (BCS) \_\_\_\_\_

### HOUSING

1. Is your horse housed  in a stall  in a dry lot  in a pasture  other (please specify)

\_\_\_\_\_

\_\_\_\_\_

2. How large is the area where your horse is housed? \_\_\_\_\_

\_\_\_\_\_

3. Does your horse have access to grass pasture?  Yes  No (if no, please go to question 7)

4. What type of grass is present in the pasture? \_\_\_\_\_

\_\_\_\_\_

5. What other types of foliage does your horse have access to while in the pasture?

\_\_\_\_\_  
\_\_\_\_\_

6. How many hours a day does your horse have access to pasture grass? \_\_\_\_\_

7. What type of bedding is provided for your horse? \_\_\_\_\_

8. Does your horse show any vices (cribbing, chewing wood, etc.)?  Yes  No

If yes, please describe the vices: \_\_\_\_\_

\_\_\_\_\_

9. Is your horse housed alone or with other horses? \_\_\_\_\_

10. How many other horses are kept with your horse? \_\_\_\_\_

11. How does your horse rank in regard to dominance with the other horses?

\_\_\_\_\_

**EXERCISE**

1. What type of exercise does your horse get? \_\_\_\_\_

\_\_\_\_\_

2. How often is your horse exercised each week? \_\_\_\_\_

\_\_\_\_\_

Each day? \_\_\_\_\_

3. How would you describe the intensity of exercise?  mild  moderate  intense

4. How long has your horse been working at this level? \_\_\_\_\_

\_\_\_\_\_

5. Does a trainer work with your horse?  Yes  No

6. Do you compete with your horse?  Yes  No

7. If yes, how often do you compete, and at what level do you compete?

\_\_\_\_\_

\_\_\_\_\_

**DIET**

1. What type of hay do you feed your horse? \_\_\_\_\_

\_\_\_\_\_

2. How often do you feed your horse? \_\_\_\_\_

3. Is your horse fed in a net, in a feeder, or on the ground? \_\_\_\_\_

4. How is water provided to your horse? \_\_\_\_\_

5. What amounts of hay do you feed your horse at each feeding (**describe both in flakes and pounds**)?

\_\_\_\_\_

\_\_\_\_\_

6. How long have you been feeding your horse this regimen? \_\_\_\_\_

\_\_\_\_\_

7. Does your horse finish all of the feed it receives at each feeding?  Yes  No

If no, what types of feed does your horse leave behind?

\_\_\_\_\_

\_\_\_\_\_

8. Do you feed your horse any complete feeds (ie: Equine Senior, etc.)?  Yes  No

9. If yes, what do you feed, and what is the frequency and amount that you feed? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

10. Do you feed your horse any treats?  Yes  No

11. If yes, what do you feed, and what is the frequency and amount that you feed? \_\_\_\_\_

\_\_\_\_\_

12. Do you feed your horse any supplemental food, grain, or any other supplemental products (including vitamins, mineral or salt blocks, etc) aside from hay and complete feeds?  Yes  No

13. If yes, what do you feed, and what amount do you feed each day? \_\_\_\_\_

\_\_\_\_\_

**14. PLEASE LIST EVERYTHING THAT YOU FEED YOUR HORSE (INCLUDING BRAND), ALONG WITH THE FREQUENCY, AMOUNT, AND DURATION USE**

For amount, please give a measurement (i.e.: cup, ounce, grams, tablespoon), or a weight if larger quantities are fed (i.e.: pounds, ounces)

	<b>BRAND/PRODUCT/FOOD</b>	<b>FREQUENCY</b>	<b>AMOUNT AT EACH FEEDING</b>	<b>FED SINCE</b>
<b>EXAMPLES</b>	<i>Alfalfa hay</i>	<i>Twice a day</i>	<i>2 flakes (4 pound flake)</i>	<i>May 2008</i>
	<i>Oats (crimped)</i>	<i>Three times a week</i>	<i>One pound</i>	<i>January 2016</i>
	<i>Equi-Aid Plus vitamin and mineral supplement</i>	<i>Once a day</i>	<i>1 ounce</i>	<i>January 2014</i>

15. What hay or forages do you have available to feed your horse?

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16. What commercial feeds can you purchase to feed your horse?

- ADM ALLIANCE NUTRITION
- BUCKEYE NUTRITION
- FARNAM
- LMF FEEDS
- NUTRENA
- PURINA MILLS
- SEMINOLE FEED
- TDI HORSE FEED
- TRIPLE CROWN HORSE FEED
- OTHER

PLEASE LIST \_\_\_\_\_