



## VETERINARY NUTRITION CONSULT REQUEST FORM

### TO BE COMPLETED BY VETERINARIAN

Please Return to Dr. Meri Stratton-Phelps at:

3407 Millbrook Court

Fairfield, CA 94534

This form can be sent by fax to:

916-244-2665

Date: \_\_\_\_\_

Veterinarian Name: \_\_\_\_\_

Veterinarian Phone Number: \_\_\_\_\_

Best time to call: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Veterinarian Address: \_\_\_\_\_

Horse Name: \_\_\_\_\_

Body Weight (lb) \_\_\_\_\_ (BCS) \_\_\_\_\_

### PATIENT INFORMATION

1. Client Name: \_\_\_\_\_  
First Last

2. Breed: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: M MC F FS  
(circle one)

3. Does the patient have evidence of muscle wasting? Yes No

4. Does the patient have evidence of fluid retention (peripheral edema, abdominal fluid accumulation, pulmonary edema)? Yes No

### RECENT PATIENT HISTORY

1. When did the patient present to your clinic?

2. Please describe the presenting history of this patient (include dates)

3. Current active problem list:

**PREVIOUS MEDICAL HISTORY**

1. Has this horse had colic surgery? \_\_\_\_\_ Yes \_\_\_\_\_ No

*If yes, please describe (including year, treatment, and any complications)*

2. Does this horse have a history of colic? \_\_\_\_\_ Yes \_\_\_\_\_ No

*If yes, please describe (including year, treatment, and any complications)*

3. Please describe other relevant medical history for this patient

**MEDICAL HISTORY**

Current pharmacologic therapy:

1. Intravenous fluid therapy: \_\_\_\_\_  
Type of fluid Rate of administration

Additives to intravenous fluids:

- a) \_\_\_\_\_
- b) \_\_\_\_\_
- c) \_\_\_\_\_
- d) \_\_\_\_\_

2. Other medications (please give dose, and rate of administration):

- a) \_\_\_\_\_ b) \_\_\_\_\_
- c) \_\_\_\_\_ d) \_\_\_\_\_
- e) \_\_\_\_\_ f) \_\_\_\_\_

3. Primary laboratory abnormalities:

(\*PLEASE SEND ALL LABORATORY REPORTS WITH CONSULT)

- 1) \_\_\_\_\_ 2) \_\_\_\_\_
- 3) \_\_\_\_\_ 4) \_\_\_\_\_
- 5) \_\_\_\_\_ 6) \_\_\_\_\_

**DIET HISTORY**

1. Previous and current diet:

The owner should complete this part of the history using the Diet History Form

*Please remind the owner to include the type and quantity of hay fed, if the horse has access to pasture and the type of foliage available in the pasture, and the amount and brand of any supplements fed.*

2. Are there any known feed aversions or allergies?  
If yes, please describe

**WHAT ARE THE THERAPEUTIC GOALS OF THIS NUTRITION CONSULT?**

- 1. The completed forms can be submitted by fax, e-mail, or mail. The consult will be completed once the Nutrition Consult Request Form and Diet History Form have been received.
- 2. Consults will usually be completed within 2 weeks of the time they are received. **Emergency consults for parenteral or enteral formulations will be completed within 12 hours of receipt of the consult request.** If your patient requires an emergency ration formulation or diet recommendations please note this request on the consult. An emergency fee of \$50.00 will be added to the consultation charge.
- 3. Certain cases may require feed analysis. If this is the case. I will call you or the owner with instructions. I recommend that feed be analyzed using Equi-Analytical Laboratories ([www.equi-analytical.com](http://www.equi-analytical.com)).
- 4. Completed consults will be sent to you through e-mail, and a hard copy will follow by mail within a few days. I will bill the client directly. The charge for formulating a ration for an individual horse is between \$250-\$300. Additional charges will be incurred if the consult is required on an emergency basis, or if an extensive follow-up or ration reformulation is required. These prices are current as of January 1, 2010, but are subject to change in the future.

## Description of Individual Equine Body Condition Scores<sup>1</sup>

Score	Description
<b>1 Poor</b>	Animal extremely emaciated; spinous processes, ribs, tailhead, tuber coxae, and ischii projecting prominently; bone structure of withers, shoulders, and neck easily noticeable; no fatty tissue can be felt.
<b>2 Very Thin</b>	Animal emaciated; slight fat covering over base of spinous processes; transverse processes of lumbar vertebrae feel rounded; spinous processes, ribs, tailhead, tuber coxae and ischii prominent; withers, shoulders, and neck structure faintly discernable.
<b>3 Thin</b>	Fat buildup about halfway on spinous processes; transverse processes cannot be felt; slight fat cover over ribs; spinous processes and ribs easily discernable; tailhead prominent, but individual vertebrae cannot be identified visually; tuber coxae appear rounded but easily discernable; tuber ischii not distinguishable; withers, shoulders, and neck accentuated.
<b>4 Moderately Thin</b>	Slight ridge along back; faint outline of ribs discernable; tailhead prominence depends on conformation, fat can be felt around it; tuber coxae not discernable; withers, shoulders, and neck not obviously thin.
<b>5 Moderate</b>	Back is flat (no crease or ridge); ribs not visually distinguishable but easily felt; fat around tailhead beginning to feel spongy; withers appear rounded over spinous processes; shoulders and neck blend smoothly into body.
<b>6 Moderately Fleshy</b>	May have slight crease down back; fat over ribs spongy; fat around tailhead soft; fat beginning to be deposited along the side of withers, behind shoulders, and along the sides of the neck.
<b>7 Fleshy</b>	May have crease down back; individual ribs can be felt, but noticeable filling between ribs with fat; fat around tailhead soft; fat deposited along withers, behind shoulders, and along neck.
<b>8 Fat</b>	Crease down back; difficult to feel ribs; fat around tailhead very soft; area along withers filled with fat; area behind shoulder filled with fat; noticeable thickening of neck; fat deposited along inner thighs.
<b>9 Extremely Fat</b>	Obvious crease down back; patchy fat appearing over ribs; bulging fat around tailhead, along withers, behind shoulders, and along neck; fat along inner thighs may rub together; flank filled with fat.

<sup>1</sup>Description of equine body condition scores copied from Table 2-1, Nutrient Requirement of Horses, 5<sup>th</sup> Revised Edition, 1989, National Academy Press, Washington, D.C., p. 5.